

### Interactions: Group Social Skills Training

**AGES 7-18** 



### **Examples of Beginning Skills**

#### **Examples of Advanced Skills**



### Building Blocks of Social Interactions

- > Paying attention in group situations
- > Following directions in the home setting
- > Considering different viewpoints
- > Understanding interests of others



## Communicating and Working with Others

- > Starting conversations with family and friends
- > Inviting friends to play
- > Compromising with others
- > Participating in social activities



### **Establishing Friendships**

- > Getting to know others
- > Joining in play with friends
- > Picking up on social cues
- > Identifying good friends



#### **Problem Solving**

- > Learning to wait
- > Dealing with disappointment

- > Handling teasing / bullying
- > Learning to use coping strategies



# Independence at Home and in the Community

- > Identifying when to seek help
- > Knowing when to speak up
- > Being a helpful member of the family
- > Managing leisure and work time