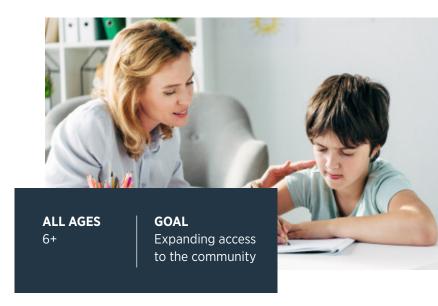


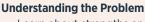
Strategies ABA Program

Intensive Outpatient Treatment for Severe Behavior





ASSESSMENT



- > Learn about strengths and preferences
- > Hear about past and present concerns
- > Identify the triggers for problem behavior

Planning the Approach

- > Identify specific behavior change goals
- > Plan specific caregiver role and training
- > Decide on staffing and specific plan





CLINICAL BASED TREATMENT (3-6 MONTHS)

Teaching consistent communication

- > Better ways to show wants and needs
- Strengthening communication with caregivers and others

Teaching patience and tolerance

- > Learning to wait
- > Responding when told "no"

Learning new skills

- > Replacing problem behavior
- Developing listening skills
- Completing hard tasks
- Finding new interests

Preparing for Next Phase

- > Performing well with fewer supports
- Coaching caregivers





TRANSITION TO HOME AND COMMUNITY (1-2 MONTHS)

Growing Independence

- New settings
- > Less intensive services





STEP DOWN IN SERVICE (1-2 MONTHS)

Collaboration and Transition

- > Train and transition to community provider
- Consultation





DISCHARGE

Maintenance of Behavior Change

- > Weekly check in with caregivers
- > Caregiver and community provider maintain treatment gains independently

