

Time-tested science. Everyday triumphs.



We at The Behavior Center understand that individuals with severe challenging behavior can pose a risk to their own health and safety as well as to those around them.

Families, caregivers, and others become forced into a lifestyle controlled by these maladaptive behaviors, restricting their quality of life and making it difficult to participate in the activities of daily living and community involvement.

The Behavior Center provides intensive, center-based treatment that helps individuals with challenging behavior and their families break free from the restrictions that have come to dominate their lives. We provide intensive behavior intervention that has the potential to open opportunities not available before.

This is a marathon,
not a sprint, and we
are running it together.

**The Behavior Center
East Bay**
5601 Arnold Rd., Suite 108
Dublin, CA 94568
T 925.587.1456
F 925.587.9003

**The Behavior Center
Elk Grove**
9355 E Stockton Blvd., Suite 185
Elk Grove, CA 95624
T 916.683.5424
F 916.236.1183

www.thebehaviorcenter.org

The Behavior Center specializes in the assessment, prevention, and treatment of severe challenging behavior.

Understanding challenging behavior.

Challenging behaviors serve a purpose and, while dangerous, are effective in communicating what an individual wants, needs, or feels. Common emotions driving challenging behavior are frustration or disappointment with not having things happen in a specific way or because of a desire to avoid certain situations. An understanding of how and why motivations and feelings drive behavior is part of our approach. Through assessments such as Functional Analyses, we are better able to understand and treat severe challenging behavior.

Advantages of clinic-based services.

Clinic-based services allow for the treatment of severe challenging behavior that has not been successfully managed in home, community, and/or school settings. Our clinic is specially designed to provide a safe environment where we evaluate treatment options that were not possible before. We offer high levels of supervision that allow for frequent and immediate adjustments to treatment.

Improving quality of life.

Severe challenging behavior has a significant impact on quality of life and requires specialized residential, school, or community placements. In some cases, behaviors are too severe for any involvement in the community whatsoever. As a result, lifestyles can be extremely restricted and opportunities for integration limited. Our goal is to not only decrease and replace maladaptive behaviors, but to open doors to opportunities that were previously not available. Working closely with

an individual's care team, we provide treatment that includes effective and functional communication.

Beyond clinic-based services.

As an individual's behavior improves, we reach out beyond The Behavior Center to the people and places that matter most. This includes providing support and training to parents, teachers and other care givers in a variety of settings including home, school, day programs and community settings. Our ultimate goal is to provide parents, caregivers, and staff the skills they need to expand the gains made in our clinic.



A TEAM APPROACH

Collaborative partnerships are crucial to achieving meaningful and long-lasting outcomes. We work to coordinate care and help individuals reach their full potential. Those who support and care for individuals with challenging behavior take an active role in treatment. They are the cornerstone to the team approach we subscribe to at The Behavior Center. Our team includes Board Certified Behavior Analysts® (BCBAs®), Board Certified Assistant Behavior Analysts™ (BCaBAs®), and Registered Behavior Technicians™ (RBTs®). We coordinate care across families, group home and/or day program staff, physicians and psychiatrists, respite care providers, regional center case managers and representatives, other behavioral providers, and school district personnel.

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