

# Center-Based Intervention

Center based intervention benefits to our tx programs.

Therapeutic Pathways allow for consistent treatment delivery accompanied by high-level supervision from behavior specialists. Our center-based services allow access to specialized programs and opportunities for successfully practicing new skills in novel situations. We offer flexible treatment hours based on treatment goals, family preference, and available funding. Center-based intervention can be combined with treatment provided in the home, school, and other community settings to best meet your individual's needs.

## WHAT ARE THE CENTER-BASED ADVANTAGES?

### **Consistent, high-level supervision by behavior specialists is always available.**

Adjustments to programs are made frequently and immediately in order to maximize rate of progress. Board Certified Behavior Analysts® (BCBA®s) and Board Certified Assistant Behavior Analysts® (BCaBA®s) are available "on demand" if a concern arises.

### **Opportunities abound for practice with new situations.**

New people and unfamiliar environments can pose challenges to independent and successful functioning in the community. The Kendall Centers provide opportunities to practice responding successfully to unfamiliar situations. Transitions from one activity to another are also scheduled as part of every child's program.

### **Specialized, exclusive programs are offered.**

The Kendall Centers have many opportunities to practice social skills and group learning with a broad range of learners, including with typically developing peers in our **Kids Helping Kids™** program. Other specialized programs focus on important life skills like going to the dentist.

### **Family stresses are eased.**

Research shows that parents and siblings of individuals diagnosed with autism often experience high stress levels. Some of these problems stem from difficulty in scheduling participation in activities outside the home. This may include extracurricular school activities, exercise or self-care. Center-based intervention helps make these activities possible.



## HOW ARE MEETINGS AND PARENT TRAININGS SCHEDULED?

Program review and parent training meetings are designed to help improve your child's independence and functioning in the family. Our parent training empowers parents to support and encourage their child's development outside of the treatment setting. This participation helps support greater long-term behavior change. During parent training meetings, we encourage active participation and learning through discussion, hands-on exercises, role-playing, and homework assignments. Regularly scheduled meetings can occur both at The Kendall Centers and in the home to support overall goals.

For more information about center-based intervention, please call **209-572-2589** or visit **[www.tpathways.org](http://www.tpathways.org)**.