

# Foundations ABA Program

## Early Intensive Behavioral Intervention Components



**YOUNG CHILDREN**  
(3 years - 7 years  
of age)

**GOAL**  
Close the gap  
with peers



### BUILDING FOUNDATIONAL SKILLS

- › Attending
- › Imitation
- › Listening and following directions
- › Communication
- › Play
- › Self-Help



### PARENT AND SIBLING PARTICIPATION

- › Success at home and with the family
- › Parent training and guidance from clinical team
- › Implementation of goals in home and community



### LEARNING TO MAKE FRIENDS

- › Learning to take turns and share
- › Kids Helping Kids
- › Peer play sessions
- › Social development
- › Caring for others



### PREPARING FOR GROUP ACTIVITIES AND SCHOOL

- › Small group learning strategies
- › Learning to solve problems
- › Learning to follow directions in a group
- › Participation in community activities
- › Expanding skills to different environments



### PRACTICING INDEPENDENCE

- › Self-management
- › Using skills in natural settings
- › Practicing everyday routines
- › Participation in life events with family and friends

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